

“Put On God’s Armor!”

(An energetic sing-along with motions for each piece of armor)

Verse 1:

When I wake up every day,
I stop and take the time to pray,
“Lord, help me stand up strong and true,
With all the armor You give me to use!”

Chorus (Call and response):

♪ Put on! — The Belt of Truth!
♪ Hold up! — The Shield of Faith!
♪ Step in! — The Shoes of Peace!
♪ Lift up! — The Sword that saves!
♪ I’m ready to stand, I’m ready to fight,
In God’s own armor, shining bright!

Verse 2:

Kevin wears his armor too,
Lexi’s got her helmet, too!
We don’t fight with fists or shove—
We fight with truth and walk in love!

Chorus (repeat)

♪ Put on! — The Helmet bright!
♪ Guard my heart! — The Breastplate right!
♪ Hold up! — The Shield of Faith!
♪ Stand tall! — In Jesus’ name!

Bridge (slower):

It’s not made of steel or gold,
But stronger still, and never old—
God’s Word will help me every day,
To stand for truth in every way!

Final Chorus (big finish):

♪ Put on! — The Belt of Truth!
♪ Hold up! — The Shield of Faith!
♪ Step in! — The Shoes of Peace!
♪ Lift up! — The Sword that saves!
♪ I’m ready to stand, I’m ready to fight,
In God’s own armor, shining bright!